



King's College  
TAUNTON

*Appointment of*  
**Sports Performance Coach – Rugby Specialist**

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# AN INTRODUCTION TO KING'S COLLEGE, TAUNTON

King's College is a thriving boarding and day school of approximately 490 pupils. It combines strong academic achievement, traditional values and excellent pastoral care with a progressive, modern outlook, providing girls and boys aged 13–18 with the opportunities, confidence and ability to reach their full potential within a happy and caring environment.

King's Hall Prep School (located some three miles away) combines with King's College to provide a continuous education from 2-18. The two schools are run by one governing body, with many functions (marketing, strategy and finance for example) undertaken jointly.

King's College has a rich and welcoming family and community ethos. Just over 60% of the pupils board.

For a relatively small school, it has an enviable record of success in all areas. The school has regularly topped GCSE and A level league tables for Somerset. A broad range of co-curricular activities is offered, and the school is renowned for its success in sport, music, performing arts, fine art, design technology and outdoor pursuits. In many of these activities our pupils have achieved success at national and even international levels.

Good discipline is encouraged in a firm and positive way within a supportive pastoral framework. King's College is strong on manners and social skills. Pupils go on to thrive at good universities and in their professional careers.

In short, King's is a purposeful, outward-looking, down-to-earth, highly successful school.

## ABOUT TAUNTON

Taunton is the county town of Somerset, in the South West of England. It is a busy market town with excellent road and rail links, located between junction 25 and 26 on the M5, 25 minutes north of Exeter and 35 minutes south of Bristol.

A growing commercial and residential centre, Taunton has a splendid small theatre, the County Cricket Ground, a successful rugby club, a delightful museum, the usual shopping outlets and restaurants, and a regular farmers' market.

The fast West Country train service reaches Paddington in under two hours.

In their everyday life around the school, our pupils show the confidence to succeed, and the determination to give of their very best.

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*Appointment of*  
**Sports Performance Coach – Rugby Specialist**

## THE ROLE

- Direct responsibility to assist with the coaching of sport at King's to include coaching rugby throughout the Michaelmas and Lent Term (Sevens) as well as a Summer Term sport
- To support the Head of Rugby with fortnightly rugby development coaching, predominantly during rugby season and also Sevens development during the Lent Term
- To support the Head of Rugby with the Performance and High Performance Rugby Players Programme. Continuing the development of the one to one programme and the Rugby Players Strength and Conditioning sessions
- To work as part of the PE programme or Strength and Conditioning Team as per qualifications or experience.

## Hours

- Part time (term time only). The post holder will be expected to coach and support the sport programme throughout the regular term time hours as well as pre-season training and trips. The post holder may occasionally be required to attend an overseas tour with the school
- A general guide to hours is: Tues 11:15-12:15 and 3:30-5pm, Weds 2-4pm, Thurs 4:30-5:30pm, Saturday 12:30-4:30pm
- One to one, small group and Strength and Conditioning sessions can be flexible
- Hours per week during term time will be around 15-18 hours per week.



## Key Responsibilities

**Sport** – the post holder will be responsible for coaching three terms of sport and in particular will look after a team, coaching them with enthusiasm and commitment and ensuring that the team are always kept up to date with timings, selection and training information. On occasion the post holder may be required to help out with coaching at King's Hall or to assist the Director of Sport during trips to prep schools to run coaching/marketing sessions.

**Strength and Conditioning** – the post holder will contribute to the PE programme, assist with the Rugby Strength and Conditioning Programme and will work closely with the requirements of the Director of Sport/ Head of Rugby who will assign pupils/teams for whom they will set up programmes and monitor technique and movement development. This may involve some morning sessions as per the guidance of the Director of Sport. The post holder will also work closely with any head of sport who requires physiological or Strength and Conditioning support.

**Gym** – the post holder will be required to supervise rugby specific sessions in the gym at the discretion of the Director of Sport/Head of Rugby.

**Rugby Clinics** – The post holder will be expected to coach on our rugby clinics which happen 3 times a year in school holidays. The clinics are normally 1 or 2 days with 5 hours coaching per day.



## PERSON SPECIFICATION

	Essential	Desirable
Qualifications	<ul style="list-style-type: none"> <li>RFU level 2 minimum or equivalent</li> </ul>	<ul style="list-style-type: none"> <li>Strength and Conditioning qualification</li> <li>D1 minibuss driving licence</li> <li>First aid qualification</li> </ul>
Personal qualities and competencies	<ul style="list-style-type: none"> <li>Confident, outgoing and a high level of enthusiasm to coach and work with a variety of players in rugby</li> </ul>	<ul style="list-style-type: none"> <li>Previous professional playing or coaching experience</li> <li>Ability to offer an alternative sport</li> </ul>
Skills and knowledge	<ul style="list-style-type: none"> <li>Passionate about coaching and the ability to bring fresh ideas and modern concepts to the department they work in.</li> </ul>	<ul style="list-style-type: none"> <li>Previous background to working in a school and a high performance environment</li> </ul>

The qualities and experience outlined in the person specification will be assessed by the following methods:

- Sight of original qualifications
- King's College application form
- Interview
- References from current employer and other, chosen, professionals

## HOW TO APPLY

Candidates are expected to have read the enclosed appointment policy and agreed to the terms within.

King's College has its own pay scale and there are discounts at both King's Hall and King's College for staff children.

Please apply by completing the appropriate King's College application form (we are unable to accept CVs without our application form).

**Please write a brief letter of application addressed to the Director of Sport and send by email/letter to:**

Craig Sweet  
HR & Payroll Officer  
King's College, Taunton, Somerset, TA1 3LA

01823 328105  
csweet@kings-taunton.co.uk  
www.kings-taunton.co.uk

The closing date for applications is 9.00am on Monday 23 May





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TAUNTON

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